

Institute of Psychoanalysis

NES Scotland and North of England Affiliate Scheme (SNAS)

The New Entry Scheme Committee recognise that a number of committed psychoanalytic psychotherapists in Scotland and the far North of England, who might be interested in joining the New Entry Scheme route into training with the Institute of Psychoanalysis, will not be able to do so as they do not meet the required criteria. For a variety of reasons including commitment to public sector work, they have not developed the intensive work needed to have 2 existing patients already in 4/5x a week analysis in order to join NES. In some cases they may also not have had the requisite 4/5 x a week analysis with a BPAS analyst on their previous training, thus making them ineligible for the current NES Affiliate Scheme.

With this group of BPC registered Psychoanalytic psychotherapists in mind, the NES committee is offering a Scheme entailing a programme of clinical seminars with the purpose of eventually enabling them to join the New Entry Scheme route into training with the Institute of Psychoanalysis. The course of seminars is designed to enable successful applicants to attain the breadth and depth of clinical experience necessary for being considered for entry to NES and help them establish the necessary intensive cases. For those who did not have an analysis with a BPAS member in their previous training, there would be the possibility of having an analysis alongside starting on SNAS for at least four years and until they are qualified members of BPAS.

Applications

The Scheme is open to any currently registered member of BPC in Scotland and the North of England who have completed a Freudian, Adult Psychoanalytic Psychotherapy Training at an organisation where the requirement is of a minimum intensity of 3 x a week. In addition they will normally have had some supervision with a BPAS analyst, and can demonstrate their commitment to developing their intensive work.

Application forms can be requested on contacting the NES Education Officer Katerina Tsami-Cole (details below). For prospective applicants who wish to discuss their application first, they are invited to contact the Chair of NES Committee, Anthea Gomez, through the Education Officer who will arrange a preliminary discussion by phone. Applicants will need to give the name of two referees, one of whom would preferably be a BPAS supervisor.

Applications will be considered by the committee who will offer suitable applicants 2 interviews each with members of the NES committee. On the basis of the application form, the references and the interviews, the committee will decide whether or not to offer a place on the Scheme.

The Scotland and North of England Affiliate Scheme

Once accepted on SNAS, each Affiliate will have a Progress Adviser who will be a member of NES committee. The main teaching resource will be 3 clinical seminars on 3 Saturdays per term. This will involve the discussion of patients who might eventually build up to having 4 or 5 x a week Psychoanalysis. The seminars will acknowledge the need not to disturb a well working therapy just because of a need for a 5 x a week case. Diagnosis and indications in the material of the advantage of more frequent sessions will be considered. In all, 27 seminars per year will be provided on the three Saturdays per term. The seminar leaders will be experienced members of BPAS and will write termly reports on each Affiliate. Affiliates will receive copies of these reports via their Progress Adviser. The meetings will be held in the North of Britain in suitable locations for members of the group to reach. Some meetings may be held on Zoom and once a year there will be a meeting in London at the Institute of Psychoanalysis where they will join the ongoing Affiliates group in London.

SNAS Affiliates will be able to attend Scientific meetings of the BPAS (by phone) but only with the express agreement of the Chair and the presenter of the paper. They will also be able to attend Applied Section meetings and will receive a timetable of events for each term. Northern Affiliates will also have full access to the library and full library rights.

Once an applicant has been accepted on SNAS their progress into NES will not require another application but will be determined by the committee's consideration of their progress and seminar leaders reports. However, sometimes a further interview may be required before moving onto the New Entry Scheme.

Applicants need to be aware that the primary responsibility for finding cases is theirs and that their cases have to be covered by their own professional indemnity insurance. Affiliates are required to maintain their BPC registration and can normally stay in the Scheme for a maximum of 4 years after which, if they are still not ready for NES, their affiliation will be withdrawn.

Applicants need to be aware that unless a minimum of 4 applicants are accepted the programme may not be able to run, or that the form of the programme may be amended.

Fees:

Currently the fees are £450 per term

For enquiries, please contact Katerina Tsami-Cole Tel; +44(0)20 7563 5011

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