

Therapeutic relationships with patients in mental health settings

A psychodynamic dimension to psychiatry

This course is aimed at nurses and allied healthcare professionals working within a mental health setting. It offers an in-depth way of understanding the work with psychiatric patients and should lead to improved therapeutic interactions.



8:15pm Mondays,
9 November — 7 December

Book: www.psychoanalysis.org.uk/events

Tickets: £50 (group discount available)

This live course offers a synthesis of theoretical teaching and discussion of clinical examples, in a dialogue with nurses and contributions from the audience. From a psychodynamic perspective it will address different aspects of mental health work, the relationships with patients as well as institutional and staff dynamics. This should enable you to reflect on your work in psychiatry and improve clinical care.

Seminar outline

- Therapeutic relationships.
- Understanding Borderline states of mind.
- Tuning in to psychotic states of mind.
- Assessment of suicidal risk.
- Clinical leadership in organisations.

This course aims to:

- Provide an understanding of human development and its relevance to mental health work.
- Enhance therapeutic skills and capacities.
- Develop the capacity for more meaningful, accurate risk assessment.
- Reflect on the importance of unconscious communications.
- Develop an appreciation of the therapeutic use of self in therapeutic relationships.
- Identify and understand individual and group processes that interfere with effective team working.

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Speaker: Marcus Evans, Psychoanalyst, Mental
Health Nurse in dialogue with nurses

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