

BRITISH PSYCHOANALYTICAL SOCIETY
ENGLISH SPEAKING WEEKEND CONFERENCE



14TH, 15TH & 16TH OCTOBER 2016

LONDON

The British Psychoanalytical Society
ENGLISH SPEAKING WEEKEND CONFERENCE 2016

METAPSYCHOLOGY IN THE CONSULTING ROOM
FRIDAY 14TH, SATURDAY 15TH, SUNDAY 16TH OCTOBER 2016

THE INSTITUTE OF PSYCHOANALYSIS
112a Shirland Road, London W9 2BT

ROYAL SOCIETY OF MEDICINE
1 Wimpole Street, London W1G OAE

THE ENGLISH SPEAKING WEEKEND CONFERENCE 2016

WELCOME

We are delighted to invite English speaking colleagues from home and abroad to the British Society's 2016 English Speaking Weekend Conference.

Metapsychology in the Consulting Room

"Without metapsychological speculation, we shall not get another step further" S. Freud, 1937

The theme of this conference will be the standing of metapsychological thinking in our theories and clinical practice today. We would like to revisit, discuss and debate Freud's contention which makes use of Goethe's words, to alert psychoanalysts to the centrality of metapsychological thinking. In a moment of adversity, Goethe's Faust exclaims *"We must call the Witch to our help after all!"* "... the Witch metapsychology" Freud echoes; *"without metapsychological speculation and theorizing, I had almost said 'phantasying', we shall not get another step further"* (Freud, 1937 p.225).

Do we, today, still consider that we need to call upon **"The Witch"** to further psychoanalysis? Is metapsychology, be it Freudian, Bionian or of another description, still considered in our different schools of thought to be central to our work? How does metapsychological thinking guide the contemporary developments of our concepts and our analytic praxis? Do different metapsychological approaches have similar clinical outcomes?

The 2016 English Speaking Weekend Conference will continue to employ the dialogue format introduced in the 2014 ESWC.

The organising committee envisages that this will be an event that expands the rich tradition of this biennial conference of the British Psychoanalytical Society in which developments in psychoanalysis are considered and debated.

CONFERENCE SPEAKERS

Marilia Aisenstein is a Training Analyst of the Hellenic Psychoanalytical Society and the Paris Psychoanalytical Society. She has been president of the Paris Society and of the Paris Psychosomatic Institute, member of the editorial board of the *Revue Française de Psychanalyse*, co-founder and editor of the *Revue Française de Psychosomatique*. She is presently a European representative on the Board of the IPA. She works in private practice and gives seminars in both the Hellenic and the Paris Societies and is presently President of the Executive Committee of the Paris Society's Clinic (CCTP). She has written books and contributed chapters on psychosomatics, hypochondria, transference, as well as numerous papers in French, Greek, English, Spanish and Portuguese, published in international reviews.

Robin Anderson is a Training and Supervising Psychoanalyst in adult, child and adolescent analysis at the British Psychoanalytical Society. He was also a Consultant Child and Adolescent Psychiatrist and head of the Adolescent Department of the Tavistock Clinic until 2003. He now concentrates on teaching and working in private psychoanalytic practice. He has published papers on child, adolescent and adult psychoanalysis and psychotherapy, numerous book chapters and has edited and contributed to two books, *Clinical Lectures on Klein and Bion* and *Facing It Out: Clinical Perspectives on Adolescent Disturbance* with Anna Dartington. He has a particular interest in early object relationships and the way in which they manifest themselves in later life, especially during adolescence. Whilst at the Tavistock Clinic he developed an interest in adolescent suicidal behaviour that has continued. He has an interest in the way in which psychoanalytic work with children contributes to and informs adult analytic technique.

Ronald Britton is a Training and Supervising Psychoanalyst of the British Psychoanalytical Society. Born in Lancaster, England, educated at Lancaster Royal Grammar School and UCL. He was medically qualified at UCH and is a Fellow of the Royal College of Psychiatrists and Distinguished Fellow of the British Psychoanalytical Society. He was given the "International Psychoanalytical Association Award for Outstanding Scientific Contributions" in July 2013 and the "Sigourney Award for Distinguished Contributions to Psychoanalysis" in January 2014. He was formerly Chair of the Children and Families Department of the Tavistock Clinic; President of the British Psychoanalytical Society and a Vice – President of the IPA. His books include, *The Oedipus Complex Today; Belief and Imagination; Sex, Death and the Superego; Between Brain and Mind.*

Sara Flanders is a Training and Supervising Psychoanalyst of the British Psychoanalytic Society, and has worked since 1989 at Brent Adolescent Centre. She is the Editor of *The Dream Discourse Today*, and with Dana Birksted Breen and Alain Gibeault, edited *Reading French Psychoanalysis*. Both books were published by the New Library of Psychoanalysis. She has published a number of psychoanalytic articles pertaining to dreams and to adolescence. Having received a Ph.D in English prior to training as a psychoanalyst she retains an interest in the reciprocal illumination of psychoanalysis and literature.

Denis Flynn is a Training and Supervising Psychoanalyst, and a Child Analyst of the British Psychoanalytical Society. He is also a Child and Adolescent Psychotherapist trained at the Tavistock Clinic. He worked for many years in Clinics / Hospitals in the NHS and in the Families Unit at the Cassel Hospital, then as Consultant Head of the Cassel Inpatient Adolescent Unit for 10 years. He is now fully in private practice as a psychoanalyst, teaches psychoanalytic theory including Bion, and works in psychoanalytic education. He has presented at conferences or published in journals and books various papers on adult psychoanalysis, and children and adolescents including his own 2004 collection *Severe Emotional Disturbance in Children and Adolescents: Psychotherapy in Applied Contexts*, Brunner-Routledge.

Angela Joyce is a Training and Supervising Psychoanalyst with the British Psychoanalytical Society and a Child Psychoanalyst trained at the Anna Freud Centre London. There she was a member of the pioneering Parent Infant Project for many years and also jointly led the resurgence of child psychotherapy. She works in private practice in London. She is currently Chair of the Winnicott Trust and a Trustee of the Squiggle Foundation, and is an Honorary Senior Lecturer at University College London. She has written papers and contributed to books on early development and parent-infant psychotherapy, and Winnicottian studies. Her book, edited with Lesley Caldwell, *Reading Winnicott* was published in the New Library of Psychoanalysis Teaching Series in January 2011, and she contributed a Volume Introduction to the *Collected Works of D. W. Winnicott*, to be published in 2016.

Michael Parsons is a Training and Supervising Psychoanalyst of the British Psychoanalytical Society and a member of the French Psychoanalytic Association. He is the author of *The Dove that Returns, The Dove that Vanishes: Paradox and Creativity in Psychoanalysis* (Routledge, 2000) and *Living Psychoanalysis: From Theory to Experience* (Routledge, 2014). He teaches and lectures internationally and will be a plenary speaker at the European Psychoanalytic Federation conference in Berlin, in March 2016.

Vic Sedlak is a Training and Supervising Psychoanalyst of the British Psychoanalytical Society and an Honorary Member of the Polish Psychoanalytical Society. He has written and published on supervision, the countertransference, and the superego. In 2013 he was Visiting Professor at the University of Kyoto, Japan and regularly teaches in Germany and Poland.

David Taylor is a Training and Supervising Psychoanalyst of the British Psychoanalytical Society, Hon. Consultant Psychiatrist and Psychotherapist at the Tavistock & Portman NHS Trust and a Visiting Professor in the UCL Psychoanalysis Unit, where he is responsible for the annual UCL Psychoanalysis Conferences. After completing psychiatric training at the Maudsley Hospital, he was appointed as a consultant at the Tavistock & Portman NHS Trust in 1980. He held many positions there including Clinical Director of its Adult Department and Medical Director of the Trust. From its beginning in 2000, he was jointly responsible for the Tavistock Adult Depression Study, first with Phil Richardson, and subsequently with Peter Fonagy. Its findings became available in 2015. He wrote the manual for the psychoanalytic psychotherapy tested in this RCT. The same manual was used in a German multi-centre trial also evaluating the psychoanalytic treatment of chronic depression. Currently he is chair of the International Psychoanalytic Association's Clinical Research Sub-Committee and a trustee of the Melanie Klein Trust and the Simenauer Trust. Publications include chapters and papers on topics such as the work of Bion, psychotic functioning, the difference between ideal and real objects, depression, treatment manuals and the relationship between psychoanalytic and empirical forms of research. He supervises and teaches in Heidelberg, Vienna and New York, as well as having supervised and lectured in Brazil, Australia, Taiwan and India.

CLINICAL SEMINAR LEADERS Friday 14th October 2016

David Bell

Dana Birksted-Breen

Michael Feldman

Leon Kleimberg

Gregorio Kohon

Rosine Perelberg

Luis Rodriguez de la Sierra

Priscilla Roth

Richard Rusbridger

Nick Temple

David Tuckett

PROGRAMME

FRIDAY 14TH OCTOBER 2016

Venue: Institute of Psychoanalysis, 112a Shirland Road, London W9 2BT

6.30pm	8.00pm	Clinical Seminars
8.15pm	9.00pm	Drinks Reception

SATURDAY 15TH OCTOBER 2016

Venue: Royal Society of Medicine, 1 Wimpole Street, London W1G OAE

9.30am	9.45am	Registration and Welcome
10.00am	11.20am	Dialogue between Sara Flanders and David Taylor Chair: Vic Sedlak
11.20am	11.50am	Coffee
11.50am	1.00pm	Discussion
1.00pm	2.30pm	LUNCH
2.30pm	3.50pm	Dialogue between Dennis Flynn and Angela Joyce Chair: Robin Anderson
3.50pm	4.20pm	Coffee
4.20pm	5.30pm	Discussion

SUNDAY 16TH OCTOBER 2016

Venue: Royal Society of Medicine, 1 Wimpole Street, London W1G OAE

10.00am	11.20am	Dialogue between Marilia Aisenstein and Ron Britton Chair: Michael Parsons
11.20am	11.40am	Coffee
11.40am	12.15pm	Discussion
12.15pm	1.00pm	Plenary with all speakers Chair: President of the British Psychoanalytical Society

GALA DINNER/DANCE

Venue: Athenaeum Club, 107 Pall Mall, London SW1Y 5ER

7.30pm	8.00pm	Pre-dinner drinks
8.00pm	12.00pm	Dinner
		Dance Featuring: Man Overboard

CONFERENCE INFORMATION

Core Conference

Drinks Reception at Institute of Psychoanalysis on Friday evening; three Dialogues with final full Panel and Plenary discussions on Saturday and Sunday.

Refreshments

All refreshment breaks, including lunch on Saturday, are included in the fee and served on site.

ADDITIONAL PROGRAMME

Clinical Seminars

The ESWC 2016 Programme is pleased to offer clinical seminars led by senior analysts of the British Society. These seminars will offer an opportunity for discussion of ongoing clinical psychoanalytic work in a small group. A participant from each group will be contacted well ahead of the date of the meeting with an invitation to present.

The maximum number of places per seminar is 10. We cannot guarantee to place participants with either their 1st or 2nd choice. If these are not available, you will be offered another choice (if possible) unless you sign the waiver on the application form. **Please note that these seminars are on the Friday evening and will take place at the Institute of Psychoanalysis.**

Gala Dinner/Dance

Athenaeum Club, 107 Pall Mall, London SW1Y 5ER. The club was founded in 1824 as a meeting place for men and women who enjoy the life of the mind. The members are professionals concerned with science, engineering or medicine, also included are academics, writers, lawyers and members of the clergy. The club has an extensive library and offers a programme of lectures and discussions that reflect the wide interests of the members.

After a three course dinner, we will enjoy dancing to live music from the fabulous swing band: **Man Overboard**

For further information, please write to *Marjorie Goodall* at marjorie.goodall@iopa.org.uk

ORGANISING AND PROGRAMME COMMITTEE

Marina Perris-Myttas (Chair)

Christopher Gjetnes (Honorary Treasurer)

Francis Grier

Birgit Kleeberg

Valli Kohon

Paola Rossin (Candidate Representative)

Paola Somaini (Candidate Representative)

BOOKING

The conference is open to members and candidates of the International Psychoanalytic Association, and members and candidates of member organisations of the British Psychoanalytic Council.

PLEASE NOTE the number of places is limited to the venue capacity and booking will be on a first come first served basis.

The closing date for applications will be **Monday September 5th, 2016**. The ticket sold will be for the person named on the application and is not transferable. It is recommended that all delegates obtain insurance against possible losses incurred through late cancellation since there will be no refunds for cancellations.

Fees

The Core Conference comprises the reception on Friday 14th October and the scientific programme of the three dialogues and the plenary on Saturday 15th and Sunday 16th October, and is offered as a single item. The Clinical Seminars are additional and are to be purchased separately, but *only by delegates* who have purchased the Core Conference.

The Gala Dinner/Dance is an optional item that is also open to the delegates' guests. Some additional places for the Dinner/Dance may be applied for by those who are eligible for conference places but unable to attend the conference.

PLEASE NOTE PLACES ARE LIMITED.

	Members/Associates	Early Birds (till March 31th)
Core Conference	£270	£245
Clinical Seminars	£55	£55
Dinner/Dance	£95	£95
Dinner/Dance (non conference)	£95	£95

There will be a limited number of tickets available at a student/concessionary rate of £220.
These tickets will be available at a first come first served basis.

ACCOMMODATION

Hotels can be booked online at www.londontown.com/hotels or call **Londontown direct** on +44 (0) 20 7437 4370

VENUES

Maps will be sent to you along with your confirmation

Institute of Psychoanalysis, 112a Shirland Road, London W9 2BT

Nearest Tube Station: Maida Vale (Bakerloo Line)

Royal Society of Medicine, 1 Wimpole Street, London, W1G OAE

The Institute of Psychoanalysis reserves the right to change details of this event without notice. Where circumstances force the Institute to cancel an event, the liability of the Institute shall be limited to a refund of any fees paid for that particular event. The Institute is not liable for any consequential loss.

BRITISH PSYCHOANALYTICAL SOCIETY

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CONFERENCE PANEL DIALOGUES with the participation of:

Marilia Aisenstein, Robin Anderson, Ronald Britton, Sara Flanders, Denis Flynn, Angela Joyce, Michael Parsons, Vic Sedlak, David Taylor.

CLINICAL SEMINAR LEADERS:

David Bell, Dana Birksted-Breen, Michael Feldman, Leon Kleimberg, Gregorio Kohon, Rosine Perelberg, Luis Rodriguez de la Sierra, Priscilla Roth, Richard Rusbridger, Nick Temple, David Tuckett.

“This conference will focus on the standing of metapsychological thinking in current psychoanalytic discourse and clinical practice.

The programme is devised as a series of Dialogues and a Plenary discussion.

Small clinical groups are offered as an extra option on Friday evening followed by a Reception at the Institute of Psychoanalysis. On Saturday and Sunday the programme will be held at the Royal College of Medicine. The Saturday dinner/dance will take place at the Athenaeum Club featuring the swing band: Man Overboard. ”

For further information and registration forms: marjory.goodall@iopa.org.uk

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Front cover: Sigmund Freud, Joan Riviere, Melanie Klein, Wilfred Bion, Ernest Jones, Joseph Sandler, Anna Freud, Marjorie Brierley, James Strachey, Donald Winnicott, Hanna Segal.