

## Annual Research Lecture – Speakers

### **Mary Target PhD**

is a Fellow of the British Psycho-Analytical Society. She is in full-time analytic practice, and is a Professor at UCL, where she directed the MSc in Theoretical Psychoanalytic Studies 1996-2016 and remains a teacher and supervisor. She chaired the Psychotherapy Section of the British Psychological Society 2005-8, and serves on the Research Committee of the International Psychoanalytic Association. She was Professional Director of the Anna Freud Centre, 2003-13. Mary's research, since 1990, spans child and adult personality functioning and attachment, the outcomes of therapies for children and adults, and the patient's experience of illness and treatments.

### **Nick Midgley PhD**

is a Child and Adolescent Psychotherapist and an Associate Professor at UCL. He is co-director of the Child Attachment and Psychological Therapies Research Unit at UCL / Anna Freud National Centre for Children and Families, and is Academic Course Director of the professional doctorate in Child and Adolescent Psychotherapy based at the BPF and UCL. He contributed substantially to the IMPACT study and has led IMPACT-ME, the qualitative arm. Nick has published widely on child psychotherapy research and practice. He was the winner of the international Society for Psychotherapy Research's Early Career Achievement Award in 2013.