



INSTITUTE of
PSYCHOANALYSIS

Therapeutic Relationships in Forensic and Adult Mental Health Settings

Tuesdays, 13th October - 8th December.
8:00-9:30pm

Online via Zoom.

[Book Your Place Here](#)

Therapeutic Relationships in Forensic and Adult Mental Health Settings

When?

8pm to 9.30pm, Tuesdays 13th and 20th October, 3rd, 10th, 17th and 24th November, 1st and 8th December.

This eight part online course is aimed at nurses, psychiatrists, psychologists, occupational therapists, social workers and other mental health practitioners. Certificates of attendance provided and recordings of each session are available for 1 week.

Everyone working in mental health knows how emotionally taxing that work can be. There's something fundamentally different to working in physical medicine. We're not dealing with patients who "have" an illness, but with people whose difficulties are central to their personality, their emotional experience and their ways of relating. In working with them, we get deeply affected and we might get embroiled in ways that make things worse. Relationships are central to the work. If we understand what happens between our patients and us, in ourselves, and between staff, we can be of much more help to them. Psycho-analysis offers such ways of understanding, and this is what this course aims to do.

Marcus Evans, psychoanalyst will be in conversation with mental health nurse, Jo Osimuwa.

Marcus Evans is a Fellow of the British Psychoanalytical Society-with a long-standing interest in applying psychoanalytic thinking in mental health settings. Before retiring from the NHS, he was a psychiatric nurse and an adult psychotherapist. He was a founding member of Fitzjohn's service for the treatment of patients with severe and enduring mental health issues and personality disorders and clinical lead of the adult and adolescent services at the Tavistock for five years. He is the author of three books. 'Making Room for Madness in Mental Health', 'Psychoanalytic Thinking in Mental Health Settings' & 'Gender Dysphoria: A therapeutic model for working with children adolescents and young adults' a book he wrote with his wife Susan Evans.

Jo Osimuwa has a background as a mental health nurse, she currently works as a Clinical and Operational Lead at South London and Maudsley NHS Foundation Trust. Her career includes roles such as Inpatient Matron, ward manager, Community Psychiatric Nurse and she has extensive experience across various mental health settings. She has worked on inpatient wards, managed female psychiatric wards, and had been part of community mental health teams. Additionally, she has worked as a clinical educator, collaborating with universities to provide placements for students, supporting their development, and training clinical staff to become practice assessors and supervisors.

Course timeline:

13th October | Therapeutic relationships

20th October | Understanding borderline states of mind

3rd November | Tuning in to psychotic states of mind

10th November | Assessment of suicidal risk

17th November | Working with Adolescence - struggling with the turmoil of Adolescence

24th November | Working with violence

1st December | Working with deliberate self-harm – working on a knife edge

8th December | Anti-social personality disorder – actions speak louder than words

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