

The New Entry Scheme (NES)

At the British Psychoanalytical Society (BPAS), we are committed to nurturing and expanding the psychoanalytic community across the UK. We warmly welcome practitioners from all regions who feel ready to deepen their clinical practice and move toward training as psychoanalysts.

We recognise that many graduates of BPC-accredited training courses reach a stage where they want to take their psychoanalytic work further. The New Entry Scheme (NES) was created to support practitioners in taking exactly this step. It offers a route into Institute training for experienced Psychoanalytic Psychotherapists who:

- Have completed a Freudian training in Adult Psychoanalytic Psychotherapy at a minimum frequency of three sessions a week within a Member Institution of the British Psychoanalytic Council (BPC);
- Have at least three years of post-qualification clinical experience;
- Meet the additional eligibility criteria listed below.

If this describes you, we encourage you to consider applying to the NES and taking the next step in your development as a psychoanalytic clinician.

The Benefits of Joining NES

Those who complete the NES are eligible for Membership of the BPAS and as such would automatically become members of the International Psychoanalytic Association (IPA), joining a respected global community of psychoanalysts.

After becoming a Member, you may also choose to follow the Institute's pathway toward becoming a Fellow of the Institute of Psychoanalysis (F. Inst. Psychoanal). Fellows are eligible to apply to become Training Analysts - an important step for those wishing to contribute to the next generation of psychoanalysts.

Why We Created the NES

We want to make the transition from working as psychoanalytic psychotherapist to working as a psychoanalyst as easy as possible, while still maintaining the rigour of the Institute's standards. The NES supports experienced, BPC registered clinicians who feel ready to develop their analytic capacities and take on intensive psychoanalytic work.

Key Eligibility Criteria

We welcome applications from practitioners who are committed to developing high-frequency psychoanalytic work. To apply, you should:

- Have completed a Freudian Adult Psychoanalytic Psychotherapy training (minimum 3 x weekly) with a BPC Member Institution;
- Have at least three years of post-qualification clinical experience;
- Have had your own personal analysis at 4–5 times weekly for at least five years with a BPAS Member; or if are based outside London and your previous experience is of three times weekly therapy, you should be prepared to undertake personal analysis while on the NES.
- Be working with at least one—and ideally two—patients at 4 or 5 times a week under supervision of a member of BPAS (if you do not meet this requirement, please see Affiliate Programme below);
- Have a strong, demonstrable commitment to CPD;
- Be able to provide two references from BPAS members, or one BPAS Member and one from Senior Psychoanalytic Psychotherapist, who know your clinical work and your commitment to psychoanalysis well (please see exact requirements for references available on request from our Educational secretary, Ms Katerina Tsami-Cole).

If you meet the other criteria but do not yet have 4–5 times weekly cases, you may join our NES Affiliate Programme, specifically designed to support clinicians in developing this level of practice. The Affiliate Programme allows you to develop analytic cases with the help of supervision and clinical seminars. The Affiliate Programme normally runs for a year.

What to Expect from the NES

The NES Programme is both rigorous and supportive. At the start, you will be allocated a Progress Advisor who will help you to navigate the training and will make sure the programme facilitates your personal development. Over at least two academic years, you will receive a rich combination of teaching, supervision, and personalised guidance to help you grow in your analytic work.

The programme is overseen by our New Entry Scheme Committee (NESC), and the application process is straightforward:

- **When to apply:** Anytime throughout the year
- **Start date:** Training begins each September

For more information and how to apply contact the Education Secretary, Ms Katerina Tsami-Cole - Education@iopa.org.uk