

The 10 Windsor Walk International Therapeutic Playgroup Conference

Friday 8th May, 6pm – 8pm

Reception, Drinks and Snacks

Location: 10 Windsor Walk, London, SE5 8BB

Saturday 9th May 2026, 9am – 6:30pm

Conference

Location: Institute of Psychoanalysis, London, W9 2BT

Programme:

9am – 9:30am: Registration

9:30 - 9:45am: Welcome and Opening Remarks

9:45am – 11:00am: Presentation 1: A House for Encounter: Psychoanalysis, Care, and Childhood in the Margins, Valentina Peri Quinteros and Diego Blanco

Casa del Encuentro is a psychoanalytic service inspired by Françoise Dolto's Maison Verte, adapted to the context of La Pintana, an area of Santiago de Chile historically marked by precariousness and social exclusion. Its implementation has involved a practice of sustained listening to how social context shapes children's subjectivation processes, as well as to the ways in which parents and caregivers exercise the function of care during the early years of life. Through clinical vignettes, the presentation will explore the institutional and clinical principles that sustain this way of work, conceived as an extramural psychoanalytic practice – a notion developed by Jean Laplanche and Silvia Bleichmar – which opens the possibility of a clinic with babies and children embedded within cultural and social dynamics.

Presenters:

Valentina Peri Quinteros is a Chilean clinical psychologist and psychoanalyst, with a master's degree in child and Youth Clinical Practice from Universidad Alberto Hurtado. She is the Co-founder and Executive Director of Casa del Encuentro, a clinical and community center for early childhood and family care located in La Pintana, Santiago. Her work focuses on psychoanalytic practice in community settings, prevention in early childhood, and the development of social infrastructures of care. She is also a clinical supervisor at Universidad Andrés Bello.

Diego Blanco is a Chilean clinical psychologist and psychoanalyst with a Master's degree in Psychoanalytic Clinical Practice from Universidad Diego Portales. He completed postgraduate studies in child and adolescent psychoanalysis at ASAPPIA and clinical training in institutional psychotherapy at La Borde Clinic (France). He currently serves as Clinical Director of Fundación Casa del Encuentro, where he develops psychoanalytic approaches to community and early childhood care. He is also the author of several articles and books; his most recent publication is "Niñez, ética y ciudad: prácticas psicoanalíticas extramuros" (Cuarto Propio, Chile).

11am – 11:30am: Coffee break

11:30am – 12:45pm: Presentation 2: Continuity, specificity and adaptation: therapeutic playgroups in Italy

This three-part presentation of our work at the Casa dei Piccoli (children's home) in Ravenna, Playgroup in Forlì, Casa dei Piccoli in Fano, and Play Space in Cesano Maderno (Monza-Brianza), introduces our work, which is mainly based on the psychoanalytic theoretical-clinical model developed at the Anna Freud Centre in London. Since 2009 we have met regularly with Dr Pretorius for training purposes and have accumulated experience in facilitating therapeutic mother-child groups. We will describe the educational, cultural and logistical context, starting from the 'foundation stone' laid in Ravenna in 2012 and show how, over time the Play Group in Forlì, the Casa dei Piccoli in Fano and the Play Space in Cesano Maderno were established. We begin with the establishment of the Ravenna Casa dei Piccoli and the Play Group in Forlì, created at a facility for mothers and children in need (Dr Nedda Papi), then introduce the Casa dei Piccoli in Fano, which is closely linked to the Child Neuropsychiatry Service (Dr Catia Angradi), and finally describe the Play Space in Cesano Maderno, which Dr Laura Radice has created for mothers/caregivers and children, many of whom are her young patients.

Presenters:

Dr Catia Angradi is a psychologist-psychotherapist with a psychoanalytical approach.

She is president of the Crisalide Volunteer Organisation, which aims at preventing psycho-emotional distress in children through the opening of the Casa dei Piccoli in Fano, a place where group activities for mothers/parents and children are based on the theoretical and clinical foundations of psychoanalysis in the Anna Freudian tradition. She has worked for about 25 years at the Complex Operational Unit of Child Neuropsychiatry in a public hospital in Fano, where she carries out assessments of children and adolescents, at the request of families, the juvenile court and schools. At the Child Neuropsychiatric Unit she also provides individual psychotherapy and group psychotherapy for adolescents.

Dr Nedda Papi is a psychologist and psychotherapist with a psychoanalytic orientation. In 2007 she cofounded – and later served as president of – the Association for the Development of Psychoanalytic Psychotherapy, which sought to prevent of psycho-emotional distress from early childhood and to provide psychoanalytic training of psychologists and doctors at the School of Psychoanalytic Psychotherapy in Ravenna. This School explicitly references the theoretical-clinical work of Joseph and Anne-Marie Sandler. Since co-founding the school in 2009, she acts as supervisor, teacher and leader of Baby Observation groups. She works in Private Practice as a psychotherapist and runs a Continued Professional Development Programme in collaboration with Dr Barbara Didoni and Dr Inge Pretorius.

Dr Laura Radice is a paediatrician at ASST MB in Cesano Maderno and a member of the psychoanalytic society Amici del Pensiero (SAP-counsellor). She works as a paediatrician in the National Health Service and pursues her interest in psychoanalysis, drawing from the work of Françoise Dolto and G.B. Contri. Ten years ago, she established the twice-weekly Play Space in Cesano Maderno which she manages. This brings together groups of eight children, aged six months and four years, with their parents and caregivers to promote healthy parent-child relationships. Her paediatric clinic and regular health checks on infants and plays a key role in identifying families who may benefit from attending the Play Space.

12:45pm – 2pm: Lunch (provided)

2pm – 3:15pm: Presentation 3: The Parent-Toddler Group model adapted for working with families who have adopted

This paper details the adaptation of the Anna Freudian Parent-Toddler Group model for work with families with adopted toddlers. It details the key clinical concepts that have emerged as central to the intervention: Parental Authority, Group Approach, Play and Observation, and Developmental Context. Finally, the evaluation outcomes for the groups will be presented with attention to how these are used for clinical practice as well as evaluation.

Presenters:

Dr Eva Crasnow qualified from IPCAPA in 2013. She worked in generic CAMHS and then moved into specialist services, including the Gender Service at the Tavistock, Islington Child Looked After Team, Forensic CAMHS at the Portman Clinic, and co-led the Brent Harrow Hillingdon Under 5s Team. She worked in the Early Years Team at the Anna Freud Centre from 2015 to 2022. Eva and Dr Sarah Peter established [Chorus](#) in 2023, a social enterprise that provides therapeutic interventions for families with children under five who face or have faced adversity. Eva is passionate about infant observation and has been part of the BPF infant observation committee since qualification, as well as facilitating observation seminars in other organisations.

Dr Sarah Peter qualified from IPCAPA British Psychotherapy Foundation (BPF) in 2014. She worked in a range of NHS child and adolescent mental health teams in London before moving into specialist services for children under five and their parents. Sarah was the co-lead for Growing Together, a joint venture between Islington CAMHS and Camden and Islington adult services and a senior therapist in the Early Years Service at the Anna Freud Centre. Sarah taught child development and psychoanalytic theory in the Postgraduate Studies department at the AFNCCF for several years, and continues to teach contemporary psychoanalytic theory to IPCAPA trainees. In 2022 Sarah with Dr Eva Crasnow. Sarah also works as a child psychotherapist in the Whole Family Team Perinatal, a specialist team for under-fives at The Tavistock, which is integrated in Camden local authority.

Karina Sarmiento is an Adult and Psychoanalytic Parent-Infant Psychotherapist trained at the Anna Freud Centre (BPC), with a background in Clinical Psychology and Neuroscience. She is passionate about working with complex parent-infant cases where early relationships and emotional development are at risk. She has worked across a range of settings, including Perinatal Services, Local Authorities, Under 5s CAMHS, and The Anna Freud Centre, developing a broad base of clinical experience. Alongside her therapeutic

work, Karina contributes as a supervisor, lecturer, and trainer in the fields of infant mental health, parent-infant psychotherapy, and developmental neuroscience.

3:15pm – 3:45pm: Coffee break

3:45pm – 5pm: Presentation 4: The challenges of working in a therapeutic parent, baby and toddler playgroup for refugees and asylum seekers in London.

This presentation focuses on some of the challenges that are particular to working with refugee and asylum seeker families in the therapeutic parent, baby and toddler group at 10 Windsor Walk in London. It considers the experiences and characteristics of the families which require some adaptations to the model and therapeutic technique. A case study follows a mother and her son over a period of approximately 15 months. It traces four interlocking themes: the group as a container for unmetabolised grief; food and feeding as the primary relational language between child and the team; the group's own enactment. A short video shows the group in action, some of the facilitators and mothers speaking about the group.

Presenters:

Macarena Hernández Fuentes is a Clinical Psychologist who holds an MSc in Psychoanalytic Developmental Psychology from University College London (UCL) and The Anna Freud Centre (AFC) and a Master's in Psychoanalytic Clinical Practice with Children and Young People from Universidad Alberto Hurtado, Chile. She is currently pursuing an MPhil/PhD in Psychoanalytic Studies at UCL focusing on applications of the Maison Verte model in Chile.

Fatima Martinez del Solar is a Psychoanalyst and Fellow of the British Psychoanalytic Society. Fatima facilitated a Parent-toddler group at the Anna Freud Centre for some years before establishing and running a therapeutic parent, baby and toddler group in Peckham which ran for fifteen years. She currently works in private practice and at 10 Windsor Walk. Fatima is the Clinical Lead of the therapeutic playgroup project and offers weekly clinical supervision to staff at 10 Windsor Walk.

Dr Inge-Martine Pretorius, PhD (Microbiology) and DPsych (Psychoanalytic Psychotherapy), qualified as a Child and Adolescent Psychotherapist at the Anna Freud Centre (AFC) in London. She is a Visiting Professor at Vienna University and a Lecturer at University College London. For over twenty years she worked at the AFC; as Clinical Lead of the Parent-Toddler service, facilitating a therapeutic Parent-Toddler Group and Observation Seminars; organising and teaching the AFC-UCL MSc Psychoanalytic Perspectives of Child Development Course and curating Anna Freud's Hampstead War Nursery Archives. She currently works in private practice and for the National Health Service, running a Child Psychotherapy Service in a nursery school in a deprived area of London. She has published in the field of molecular genetics and psychoanalysis.

Dr Teresa Sarmiento is a Specialist Parent Infant Psychotherapist who works in the National Health Service (NHS) and in private practice. Teresa initially trained as a Clinical Psychologist and later completed the Specialist Psychoanalytic Parent Infant Training at the Anna Freud Centre. She is the Deputy for a Parent Infant Psychology Service within the Early Years Team in the NHS, supporting parents' mental health and their relationship with their babies during the Perinatal period. Teresa has been a co-facilitator of the therapeutic playgroup

since it was established at 10 Windsor Walk.

5pm – 5:30pm: Plenary

5:30pm – 6:30pm: Cheese and wine

6:30pm: Conference Close