

The New Entry Scheme (NES)

The British Psychoanalytical Society (BPAS) aims to promote psychoanalysis in Britain and welcomes those interested in its Training from all areas of the UK. We recognise that some graduates of BPC trainings will wish to develop their clinical work further and to train as psychoanalysts.

The New Entry Scheme is a route into the Institute Training designed for experienced Psychoanalytic Psychotherapists who have completed a Freudian training in adult Psychoanalytic Psychotherapy with a Member Institution of the British Psychoanalytic Council (BPC) and who meet other criteria for eligibility described below.

The Society welcomes such qualified psychoanalytic psychotherapists who wish to gain such experience, to apply for the New Entry Scheme (NES).

Those successful applicants who are elected to Membership of the BPAS through the NES route of entry will automatically become members of the International Psychoanalytic Association. All those who are elected to Membership of the BPAS are expected to have an adequate knowledge of the main ways of doing psychoanalysis recognised by the BPAS. All Members are eligible to follow the Institute's procedures that may lead to qualification as a Fellow of the Institute of Psychoanalysis (F. Inst. Psychoanal). The status of Training Analyst of the Institute is open to application from all Fellows of the Institute.

The NES is overseen by the New Entry Scheme Committee (NESC). The Committee is a sub-committee of the Education Committee, and appointed by the Board of the British Psychoanalytical Society.

A maximum of two applications to the NES are permitted, the second not to be within two years of the first.

The NES is a carefully regulated process. Those accepted into the scheme receive a substantial teaching input while they are in the scheme and their psychoanalytic work is evaluated over a minimum period of two academic years.

Applications must be made electronically to the Education Officer administering the NES (Education@iopa.org.uk); the application fee of £200 should be sent by post to the Education Officer.

Applications may be made at any time of the year, but those accepted onto the scheme will begin in the September following acceptance. If the New Entry Scheme Committee decides that the application should not go forward the £200 application fee will be returned.

Criteria for Application

In addition to the requirement that applicants are currently registered with the BPC as a psychoanalytical psychotherapist qualified in work with adults and meet BPC requirements for

CPD, they will normally have been building up experience of seeing patients up to 4 and 5 times a week.

The following is also required:

- i) At some point in their professional career applicants will normally have undertaken a minimum of five years of four or five times a week analysis with a Member of the British Psychoanalytical Society.
- ii) They will be expected to demonstrate a committed post-qualification CPD record.
- iii) They will be asked to provide, as a first referee, an analytic case supervisor, who is a Fellow or Member of the BPAS, who will be consulted with regard to their suitability for the NES.
- iv) They will provide as a second referee another Fellow or Member of the BPAS (who may also be a supervisor) who has known the applicant for a minimum of four years and who can speak of their professional commitment to psychoanalysis.
- v) They will normally have undertaken recent four or five times a week psychoanalytic treatments under the supervision of one or more Fellows of the BPAS. At least one, and preferably two, of these treatments must be current established five times a week cases that the Committee considers (on the basis of the applicant's brief summary on the application form) to be reasonably likely to be suitable for the purpose of the NES (see para b below).

Applicants will be required to confirm that they will be in a position to continue with an on-going five times a week treatment on commencing the programme.

- a) This means that successful applicants can start the NES with only one current five times a week case as long as they have the serious possibility of being able to start a second intensive case in the near future, normally the second patient would also be seen five times a week and preferably would be of a different gender to the first patient.
- b) Applicants should be aware that treatments that are subject to external considerations (e.g. in terms of time limits or finance or training) create special difficulties.

Consideration may in exceptional circumstances also be given to applications from senior members of BPC Societies who may not be in a position to meet these criteria exactly but who nevertheless can demonstrate by other means long term experience of, and commitment to, psychoanalysis.

Application Process and Criteria.

Applicants whom the NESC agree meet the criteria for application are offered two interviews, each with a member of the committee. The interviewers consider whether the applicant's wish to join the scheme is primarily to develop his/her psychoanalytic competence, and that he/she understands the demands of the programme and is able and in a position to meet them. The interviewer is interested in indications of the applicant's capacity for further development as a psychoanalyst, as well as potential to make a contribution to the British Society. The reports from the interviews are considered by the NESC.

If accepted as an entrant on the scheme, the programme will be as follows:

The NES Programme

- a) A Progress advisor, who will be a member of the NESC, will meet the entrant at regular intervals to discuss the individual programme, feedback from seminar leaders and supervisors. They will also be available to help with any problems that might arise.
- b) The entrant will be required to undertake two weekly supervisions with training analysts on the two five times a week patients. In exceptional cases the second case may be a four times weekly patient. Supervision on the first case is for as long as the entrant is in the NES or for a minimum of twenty months. Supervision on the second case is for a minimum of ten months and normally starts in the second term of the first year following discussion between the entrant, the progress advisor and with agreement of the NESC and the first supervisor.

The two supervisors must be agreed by the NESC and they themselves must agree that the cases are suitable for the Scheme. Supervisors are required to provide reports on the entrant's progress every six months. Supervisors may not be one of the entrant's referees, or members of the NESC.

- c) The entrant will also be required to discuss his/her first patient in ten monthly consultations with a training analyst who has a different theoretical approach to that of the first supervisor and who is agreed by the NESC. Consultations start after a year of supervision once permission is given by the first supervisor.
- d) The entrant will be required to attend a weekly clinical seminar led by a training analyst during term time, for as long as he/she is in the Scheme, and to present there one of the analytic cases taken to supervision. Reports from the seminar leaders will be received by the entrant's advisor.
- e) The entrant will be required to attend a minimum of seven courses on psychoanalytic theory, each comprising of five seminars; these will be chosen from the Institute Training Curriculum. Reports from the seminar leaders will be received by the entrant's advisor.
- f) The entrant will be eligible to attend Scientific and Applied Section Meetings of the British Psychoanalytic Society.
- g) The name of the entrant will be included in a special section of Society's Roster.
- h) The entrant will have full library rights.
- i) It is important to note that the programme is to some extent individually tailored to the needs of each entrant and the requirements may change in response to the entrant's progress during the scheme.

Note for Regional Candidates:

Attendance at some supervisions, consultation meetings and seminars are possible via Zoom.

Supervisions: For supervisions held via visual Zoom, a minimum of two meetings a term must be in person. For supervisions by phone more meetings in person may be required. The final decision rests with the individual supervisor.

Consultations: As many as is reasonable of the consultation meetings should be face to face.

Theoretical and clinical seminars: When attendance is via Zoom Candidates attend in person a minimum of one in ten seminars - normally the first seminar. Attendance by phone may increase the requirement for attendance in person.

Criteria for Assessment while in the New Entry Scheme

After the entrant is accepted into the scheme, the NESC will receive reports from theoretical and clinical seminar leaders, as well as the two supervisors. The reports are sent to the Progress Advisor and usually copy in the candidate.

In the event of the NESC judging that the entrant, over an extended period, has been unable to demonstrate the required standard of psychoanalytical competence, the NESC will require the entrant to resign from the scheme.

After a period, which will normally be two academic years in the Scheme, the NESC will decide, on the basis of all the available reports presented to the committee by an entrant's advisor, whether the entrant's standard of psychoanalytical competence is equivalent to that normally expected of a graduate of the Institute training. If it so decides, then the NESC Chair will present the entrant's record to the Education Committee with a recommendation that the entrant is nominated for election as a Member of the Society.

Following this, notice shall be given to the Society for election at a Business Meeting in the usual way. Members who have entered the Society via the NES have the same rights and status as all other Members. Upon election the new Member will pay full Membership dues of the BPAS.

Candidates are required to maintain their BPC registration.