The New Entry Scheme

**Introduction**

The British Psychoanalytical Society (BPAS) aims to promote psychoanalysis in Britain. It recognises that some graduates of BPC trainings will have organised CPD experience such that

their clinical experience and expertise is comparable to that of graduates of psychoanalytic societies and the Society welcomes such qualified psychoanalytic psychotherapists and others who wish to gain such experience, to apply for the New Entry Scheme (NES). Applicants will be required to demonstrate that they have completed a Freudian training in adult psychoanalytic psychotherapy with a Member Institution of the British Psychoanalytic Council (BPC) and to meet other criteria for eligibility described below.

The New Entry Scheme is an alternative route of entry into the BPAS. The Society is keen to encourage applicants for the scheme from outside London. Those successful applicants who are elected to Membership of the BPAS through the NES route of

entry will automatically become members of the International Psychoanalytic Association. All those who are elected to Membership of the BPAS are expected to have an adequate knowledge of the main ways of doing psychoanalysis recognised by the BPAS. All Members are eligible to follow the Institute’s procedures that may lead to qualification as a Fellow of the Institute of Psychoanalysis (F. Inst. Psychoanal). The status of Training Analyst of the Institute is open to application from all

Fellows of the Institute.

The NES is overseen by the New Entry Scheme Committee (NESC). The Committee is a sub-committee of the Education Committee, and appointed by the Board and Council of the British

Psychoanalytical Society.

A maximum of two applications to the NES are permitted, the second not to be within two years of the first.

The NES is a carefully regulated process. Those accepted into the scheme receive a substantial teaching input while they are in the scheme and their psychoanalytic work is evaluated over a period of a minimum of two academic years.

Applications must be made electronically to the BPAS Education Secretary administering the NES (Ms Katerina Tsami-Cole, katerina.tsami-cole@iopa.org.uk); the application fee of £200 should be sent by post under separate cover to the Education Secretary (NES/Foundation Course).

If the New Entry Scheme Committee decides that the application should not go forward the £200 application fee will be returned. Applications may be made at any time of the year, but those accepted onto the scheme will begin in the September following acceptance.

**Criteria for Application**

In addition to the requirement that applicants are currently registered with the BPC as a psychoanalytical psychotherapist qualified in work with adults and meet BPC requirements for

CPD, they will normally have four years post qualification experience.

The following is also required:

i) At some point in their professional career applicants will normally have undertaken a minimum of five years four or five times a week analysis with a Member of the British Psychoanalytical Society.

ii) They will be expected to demonstrate a committed post

-qualification CPD record.

iii) They will be asked to provide, as a first referee, an analytic case supervisor, who is a Fellow or Member of the BPAS, who will be consulted with regard to their suitability for the NES.

iv) They will provide as a second referee another Fellow or Member of the BPAS (who may also be a supervisor) who has known the applicant for a minimum of five years and who can speak of their professional commitment to psychoanalysis.

v) They will normally have undertaken recent four or five times a week psychoanalytic treatments under the supervision of one or more Fellows of the BPAS for four years in total. At least one, and

preferably two, of these treatments must be current established five times a week cases that the Committee considers (on the basis of the applicant's brief summary on the application form) to be reasonably likely to be suitable for the purpose of the NES (see para b below).

Applicants will be required to confirm that they will be in a position to continue with an on-going five times a week treatment on commencing the programme.

a) This means that Entrants can start the NES with only one current five times a week case as long as they have the serious possibility of being able to start a second intensive case in the

near future, normally the second patient would also be seen five times a week and preferably would be of a different gender to the first patient.

b). Applicants should be aware that treatments that are subject to external considerations (e.g. in terms of time limits or finance or training) create special difficulties.

Consideration may in exceptional circumstances also be given to applicants from senior members of BPC Societies who may not be in a position to meet these criteria exactly but who nevertheless can demonstrate by other means long term experience of, and commitment to, psychoanalysis.

**Criteria for entrance into the scheme**

Applicants whom the committee agree meet the criteria for application are offered two interviews, each with a member of the committee. The interviewers consider whether the applicant’s wish to join the scheme is primarily to develop his/her psychoanalytic competence, and that he/she understands the demands of the programme and is able and in a position to meet them. The interviewer is interested in indications of the applicant’s capacity for further development as a psychoanalyst, as well as potential to make a contribution to the society. The reports from the interviews are considered by the committee.

If accepted as an entrant on the scheme, the programme will be as follows:

**The NES Programme**

a) An advisor, who will be a member of the NESC, will meet the entrant as appropriate to discuss the individual programme, feedback from seminar leaders and supervisors and any problems that might arise.

b) The entrant will normally be required to undertake two weekly supervisions with training analysts on the two five times a week patients, entrants with considerable experience of working analytically may be required to have supervision on only one of their analytic patients. In exceptional cases the second case may be a four times weekly patient. Supervision on the first case is for as long as the entrant is in the NES or for a minimum of twenty months. Supervision on the second case is for a minimum of ten months and normally starts in the second term of the first year following discussion between the entrant, the progress advisor and with agreement of the NESC and the first supervisor.

The two supervisors must be agreed by the NESC and themselves must agree that the cases are suitable for the Scheme. Supervisors are required to provide reports on the entrant’s progress every six months. Supervisors may not be one of the entrant’s referees, or members of the NESC.

c) The entrant will also be required to discuss his first patient in ten monthly consultations with a training analyst who has a different theoretical approach to that of the first supervisor and who is agreed by the NESC. Consultations start after a year of supervision once permission is given by the first supervisor.

The consultant will be required to give a mid way report and a final report at the end of the consultations.

d) The entrant will be required to attend during term time, for as long as he/she is in the Scheme, a weekly clinical seminar led by a training analyst and to present there one of the analytic cases taken to supervision. Reports from the seminar leaders will be received by the entrant’s advisor.

e) The entrant will be required to attend a minimum of seven, five seminar, series of theoretical seminars; these will be chosen from the Institute Training Curriculum.

Reports from the seminar leaders will be received by the entrant’s advisor.

f) The NES entrant will be eligible to attend Scientific and Applied Section Meetings of the British Psychoanalytic Society.

g) The name of the NES entrant will be included in a special section of Society’s Roster.

h) The entrant will have full library rights.

i) It is important to note that the programme is to some extent individually tailored to the needs of each entrant and the requirements may change in response to the entrant’s progress during the scheme.

**Note for Regional entrants:**

Attendance at some supervisions, consultation meetings and seminars are possible via Skype or telephone link.

Supervisions: For supervisions held via visual Skype, a minimum of two meetings per term must be in person, for supervisions by phone more meetings in person may be required. The final decision rests with the individual supervisor.

Consultations: At least fifty per cent of the consultation meetings should be face to face.

Theoretical and clinical seminars: When attendance is via Skype entrants attend in person a minimum of one in ten seminars -

normally the first seminar. Attendance by phone may increase the

requirement for attendance in person.

**Criteria for Assessment while in the Scheme**

After the entrant is accepted into the scheme, the NESC will receive reports from theoretical and clinical seminar leaders, as well as the supervisor and the two consultants. The entrant will be made aware of the reports via meetings with his or her advisor.

In the event of the NESC judging that the entrant, over an extended period, has been unable to demonstrate the required standard of psychoanalytical competence, the NESC will require the entrant to resign from the NES.

After a period, which will normally be two academic years in the Scheme, the NESC will decide, on the basis of all the available reportspresented to the committee by an entrant’s advisor, whether the entrant’s standard of psychoanalytical competence is equivalent to that normally expected of a graduate of the Institute training. If it so decides, then the NESC Chair will present the entrant’s record to the Education Committee with a recommendation that the entrant is nominated for election as a Member of the Society. Following this, notice shall be given to the Society for election at a Business Meeting in the usual way. Members who have entered the Society via the NES have the same rights and status as all other Members. Upon election the new Member will pay full Membership dues of

the BPAS.

Entrants are required to maintain their BPC registration.