

An Affiliate Psychotherapist Category prior to the New Entry Scheme.

The New Entry Scheme Committee (NESC) recognise that a number of psychoanalytical psychotherapists will be unable to meet the required criteria of having two existing patients already in four or preferably five times a week treatment. For a variety of reasons, including commitment to public sector work and understandable hesitance in offering psychoanalysis, they have not developed the intensive practice that is a prerequisite of the NES but otherwise meet the stated criteria.

The NES Affiliate programme will provide a programme of studies and clinical seminars designed to enable successful applicants to attain the breadth and depth of clinical experience necessary for being considered for entry to the NES as well as to help them to establish the necessary intensive cases for the NES.

#### Applications

The Affiliation is open to any member of the BPC who has completed a Freudian adult psychoanalytical psychotherapy training at an organisation which specifies a minimum intensity of three sessions a week. In addition to the requirement that applicants are currently registered with the BPC as a psychoanalytical psychotherapist qualified in work with adults, and meeting BPC requirements for CPD S/he will need to demonstrate that

1. s/he normally has three years post qualification experience.
  2. s/he has normally had a personal four or five times weekly analysis of five years duration with an analyst from the BPAS,
  3. s/he has had a certain amount of supervision from analysts,
  4. s/he is committed to his/her long-term psychoanalytic development and the development of intensive clinical work.
- Applications can be made using the NES application form available on the website. Those prospective applicants who wish to discuss an application before actually applying are invited to

contact the Chair of the NESC who will arrange for a preliminary interview with a member of the NESC.

Applicants should give the names of two referees who, preferably, should be BPAS members, at least one able to comment on the applicant's clinical capabilities.

Applications will be considered by the NESC who will offer suitable applicants two interview(s) each with a member of the NESC. On the basis of the application form, the references and the interviews the NESC will decide whether or not to offer an applicant entry to the NES or its Affiliate Scheme.

### The Affiliation

The aim of the period of Affiliation is to enable the Affiliate to attain the clinical experience and readiness that is a prerequisite for entry to the NES. Each Affiliate will have a Progress Advisor who will be a member of NESC.

The main teaching resource will be a clinical seminar with other NES Affiliates. This will involve the discussion of patients who could be offered psychoanalysis. The seminars will acknowledge the need not to disturb a well working therapy just because of a need for a five times a week case. Diagnosis and indications in the material of the advantage of more frequent therapy will be considered. Occasional seminars will provide a review and discussion of the relevant theoretical and technical literature. In all, twenty-seven seminars per year will be provided on three Saturdays per term over three terms. The seminar leaders will be senior members of the BPAS and will write termly reports on each Affiliate. Affiliates will receive copies of these reports via their Progress Advisor.

Some flexibility will be given to take into account the fact that some Affiliates may live a considerable distance from London.

Affiliates will be encouraged to attend CAPS courses.

Affiliates will be able to attend Scientific meetings of the BPAS but only with the express agreement of the Chair of the Scientific Committee and the presenter of the paper. Affiliates will also be able to attend Applied Section meetings and they will receive the timetable of events for each term.

Affiliates will have full access to the library and full library rights.

Once an applicant has been accepted on the NES Affiliate scheme their progress into the NES will not require another application but will be determined by the NESC's consideration of their progress and seminar leaders' reports. However sometimes a further interview may be required before moving onto the NES.

Affiliate applicants need to be aware that the primary responsibility for finding cases is theirs and that cases have to be covered by their own professional indemnity insurance. It might be possible for the Institute of Psychoanalysis Clinical Services to refer into the Affiliate's private practice patients who might be eventually interested in becoming five x cases but the Clinic cannot promise or be committed to this.

Affiliates are required to maintain their BPC registration.

Affiliates can hold such a status normally for a maximum of four years after which, if they are still not ready for the NES, their affiliation will be withdrawn.

Applicants to the Affiliate programme need to be aware that unless a minimum of five applicants are accepted then the programme may not be able to run.

#### Fees

Currently the fee for Affiliation is £360 per term

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